

February 4, 5, & 6, 2016
UIL Swimming and Diving Championships

Region VI - AAAAA

Don Cook Natatorium
Fort Bend Independent School District
16255 Lexington Blvd – Sugar Land – TX - 77479
Phone: 281-634-5880 – FAX: 281-327-5885
Email: mike.duswalt@fortbendisd.com
www.fortbendisd.com/departments/administration/athletics

Thursday – Feb. 4th
Warmup

Diving - All Rounds

All 2:00 – 3:20 PM
Girls only (unless combined) 3:20 – 3:50 PM
Event starts 4:00 PM
Boys 30 minute warmup after completion of girls
Event starts immediately after warmup

Friday – Feb. 5th
Warmup

Swimming Prelims

All lanes 12:00 – 2:00 PM
Sprint – Lanes 1-7 in comp. pool 1:15 – 1:45 PM
Lane 8 – push/pace only
Relays – warmup pool with coach present
General Swim – All lanes practice pool
Clear pool 1:45 PM
Meet starts 2:00 PM

There will be an open pool, 15 minute break after the Boys 50 Freestyle and 100 Breaststroke.

Saturday – Feb. 6th
Warmup

Swimming Finals

All lanes 12:00 - 1:45 PM
Sprint – Lanes in comp. pool 1:15 – 1:45 PM
Lane 8 – push/pace only
Relays – warmup pool with coach present
General Swim – All lanes practice pool
Clear pool 1:45 PM
Meet starts 2:00 PM

There will be an open pool, 15 minute break after the awarding of the 200 Freestyle (after the Boys 50 Freestyle). The 8 lane warm up pool will be open throughout the meet.

Finals Procedure:

We will announce the participants in the Girls 200 Medley Relay (Consolation heat as they swim, Finals heat before they swim), swim the event, announce the Boys 200 Medley Relay, swim the event, take a 2 minute pause, announce the participants in the Girls 200 Free, swim the event, announce the Boys 200 Free, swim the event, award the Girls and Boys Diving. From then on it will be announce and swim 4 events, award 4 events for the rest of the meet. The first-place winning coach will present the award for that event, please be at the award stand promptly.

Swim events 1-4, pause, swim 5-8, award 1-4, 10 minute break, swim 11-14, award 5-8, swim 15-18, award 11-14, swim 19-22, award 15-18, 10 minute break, swim 23-24, all remaining awards, TISCA awards, team awards

General Information

Facilities: Two 8 lane pools, 9' wide lanes, 6'7" shallow
Paddock surge control gutter system
Three 1 Meter diving boards – Maxi Flex B (Cheese Board)
Restroom and locker facilities
Colorado VI timing system with matrix scoreboard
Colorado SST start system
Colorado Sure Grip pads
Paddock flow through bulkheads
Concession stand
Swimsuit vendor
Souvenir T-shirts will be for sale

Admission: Student: \$3.00
Adult: \$5.00
Contestants, bus drivers, trainers and managers admitted without charge when identified by their coach and entering with the team.

Doors will open one hour before the event.

Meet Procedures: All swimming and diving competition will be conducted under National Federation and UIL rules and regulations.

Practice Swim: There will be no practice swim or dive time, except during the official competition.

Noise Makers Prohibited: The use of artificial noise makers, i.e. radios, televisions, whistles, bells, sirens, horns or any other noise maker will not be allowed at the meet. **There is to be no food on the deck at any time.** Please warn your students and parents.

Diving Entries:

Entry Deadline: Divers must be indicated as participating in 1 M Diving on the entry sheet submitted with the swimmers.

Sheets: Diving entries should be submitted electronically. Access www.cleanentries.com to register you, your team and the divers. The meet is listed as the *UIL Region VI 5A*.

This is the process for the state meet, also. The same instructions are on the UIL state meet site http://www.uiltexas.org/files/athletics/state-swimming-diving/2011_State_Diving_Entry_Instructions.pdf . For any questions about entering, call Mike Duswalt.

The sheets must be submitted by **4:00 PM, Monday, February 1st** . All diving sheets must be signed by the diver and the coach before the start of the meet: National Federation Rule 9: Section 3: Article 4. Failure to have these signatures will disqualify the diver from the competition. Changes may be made up to one hour before competition begins.

Swimming Entries:

Qualifiers: The top six (6) individuals and relays qualify from each District to the Regional meet. FAX (281-327-5885) or scan/email your UIL official entry blanks or the Hy-Tek Meet Entry Report. Please include your name, school address, work and home phone, FAX number, *e-mail*, and the best time to get hold of you.

The entry deadline is Monday, February 1st.

Entry Fees: \$14 for relays and \$5 for each individual event entered. The billing is based on the initial entry to the meet. Make checks payable to Fort Bend ISD. This meet is exempt from the Athletic Director's Agreement.

Substitutes: After the entry deadline, no changes of entries will be allowed unless the contestant is being scratched from the meet. If one of your swimmers qualifies in an event that you know he or she will not swim at Regional, please have the person completing your Region entries make the necessary changes prior to turning in the Region Entry Forms. Indicate on the cover sheet the changes that were made and write "scratch or SCR" in the event they had qualified in.

Changes/Adjustments: After the entry deadline has passed (**4:00 pm, Monday, February 1st**), the psyche sheet will be emailed to your District Athletic Office as soon as it is prepared, and a copy e-mailed to the email address you provided.

Adjustments from scratches and alternate entries will be made as long as possible. After the prelims begin, a scratch will result in an open lane.

After the prelims are completed, scratches and alternates will be accepted for one hour. Once the finals have started, a scratch will result in the lane left open.

Finals Advancers: Top sixteen times advance to finals in individual and relay events. Any event that has eight or less entries will automatically advance to the final session.

Scoring: Sixteen places will be scored in all individual and relay events.

Awards: Team trophies will be awarded to the first place teams. Individual medals will be awarded to the top three finishers in each event and ribbons for places 4-8.

Tie breakers: If two or more divers have the same score at the end of the competition, the points will be split and a coin flip will determine the medal award. If there are ties in swim events, the points will be divided and the preliminary time will determine the place for advancing. If a tie still exists, a coin flip will decide the place. No additional medals will be provided for divers or swimmers.

State Qualifiers: Relay entries to the UIL State Meet should be in the UIL office 10 days prior to the start of the meet. No entry sheets need to be sent to the UIL for the state meet, only indicate your relays online. If you are scratching a swimmer or relay after you have left the Region Meet site, contact the Region Meet Director and the UIL with that information. It is your responsibility to get any information to the UIL office they request. Check their website for your responsibilities.

Meet Committee: The Meet Committee will consist of the Meet Director, one official, two coaches in attendance (one male, one female) and two students-at-large (one male, one female) chosen after the District meets.

Weather Contingency Plan: In the unlikely event that a session(s) needs to be cancelled, the corresponding events and times will be moved to that Saturday/Monday and/or the first available day after then. If there is an issue with the Don Cook Natatorium, the event may be moved to the FBISD Aquatic Practice Facility.

Host Hotel Information:

Planning to spend the night? The Host Hotel is the **Stafford Sleep Inn & Suites** and they have rooms at a rate of \$79 (plus 12% occupancy tax) that will include:

Two queen beds

Hot Breakfast

Refrigerator/microwave, coffee maker, wifi in each room

Contact Candace Sanderson in the Sales Department: 832-584-6367

Ask for "Swim Meet Rate"

Location: 4810 Alpine Dr., Stafford, TX 77477